Welcome to the ACP Ontario Chapter Annual Meeting, which offers a diverse program of educational events featuring a variety of topics, networking opportunities, poster presentations and the famous Doctor’s Dilemma® competition! This year we are pleased to again offer a simulation session. I hope to have the opportunity to personally greet you over the course of the meeting!

Dr. Khalid Azzam,
Governor, ACP Ontario Chapter

ACCREDITATION
The ACP Ontario 2023 Annual Scientific Meeting is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada. This activity was approved by the Canadian Society of Internal Medicine for a maximum of 5.25 hours.

Through an agreement between the Royal College of Physicians and Surgeons of Canada and the American Medical Association, physicians may convert Royal College MOC credits to *AMA PRA Category 1 Credits™*. Information on the process to convert Royal College MOC credits to AMA credits can be found at [www.ama-assn.org/go/internationalcme](http://www.ama-assn.org/go/internationalcme).

The ACP Ontario 2023 Annual Scientific Meeting - Simulation Lab is an Accredited Simulation Activity (Section 3) as defined by the Maintenance of Certification Program of The Royal College of Physicians & Surgeons of Canada. This activity was approved by the Canadian Society of Internal Medicine for a maximum of 2 hours. (credits are automatically calculated).

OVERALL LEARNING OBJECTIVES
At the end of this learning activity the learners will be able to:

- acquire knowledge in current problems encountered by internal medicine physicians and general internal medicine;
- develop skills and strategies in the management of contemporary issues faced in internal medicine practice;
- connect with colleagues in internal medicine including other ACP members; and
- appreciate emerging scholarly work led by students and residents ACP members.
### Friday, November 3, 2023

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<th>Time</th>
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<td>3:00 p.m.</td>
<td>Registration: Check-in</td>
<td>Level E</td>
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| 3:30 p.m. – 6:00 p.m. | **Simulation Lab**  
*Pre-registration required; extra fee applies* | Angel/Niagara Falls              |
| 6:00 p.m. – 8:00 p.m. | Poster Competition and Welcome Reception                          | Foyer – Great Falls Ballroom    |
| 8:00 p.m. – 8:45 p.m. | Trainee Meet and Greet  
*All attendees welcome to join an informal information session to talk about how ACP Ontario can support medical student and resident members.* | Lake Huron                       |

### Saturday, November 4, 2023

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<th>Time</th>
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| 7:30 a.m. – 8:30 a.m. | Registration: Check-in  
*Breakfast* | Level E                                                             |
| 8:30 a.m. – 8:45 a.m. | **Welcome and Introductions** | Angel/Niagara Falls              |
| 8:45 a.m. – 10:15 a.m. | **Plenary Session**  
**Promoting Physician Well-being: Red Flags, Blue Zones, and Evergreen Strategies**  
Dr. Mukta Panda, Dr. Tammy Lin – ACP Ambassadors | Angel/Niagara Falls |
|               | At the end of the session, the participant will be able to:  
- recognize the potential sources of moral injury, its relationship to burnout, and the impact on physicians;  
- utilize factors such as purpose, social connectedness, and community support in relation to physician well-being; and  
- apply three strategies to promote and advocate for physician well-being at the individual and organizational levels. |                        |
| 10:15 a.m. – 10:45 a.m. | Movement/Nutritional Break | Niagara Falls / Foyer            |
| 10:45 a.m. – 11:30 a.m. | **Laureate Award Presentation – The Evolution of Chronic Kidney Disease Programs in Ontario**  
Paul Tam | Angel/Niagara Falls |
|               | At the end of the session, the participant will be able to:  
- outline the evolution and current state of the regional chronic kidney disease program;  
- describe the challenges and requirements of providing care to a diverse urban demographic; and  
- summarize effective strategies to navigate intricate systems in securing vital resources for diverse populations. |
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| 11:30 a.m. – 12:15 p.m. | **Top 5 Papers for Internal Medicine Physicians in 2023**  
Talha Syed  
At the end of the session, the participant will be able to:  
• review the top 5 papers in internal medicine in 2023;  
• discuss the results and their impact on clinical practice; and  
• discuss limitations and future direction for research. | Angel/Niagara Falls |
| 12:15 p.m. – 1:15 p.m. | Lunch and Town Hall Meeting | Victoria Falls |
| 1:15 p.m. – 3:30 p.m. | **Hot Topics in Hospital Medicine**  
Moderator: Dr. Haroon Yousuf  
At the end of the session, the participant will be able to:  
• appreciate when antihypertensive pharmacotherapy is indicated for the obstetric patient;  
• recognize critical skin eruptions in the inpatient;  
• describe pharmacologic and nonpharmacologic interventions to prevent secondary fractures; and  
• describe testing and management for sleep apnea in the inpatient setting. | Angel/Niagara Falls |
| 3:30 p.m. – 4:00 p.m. | Movement/Nutritional Break | Niagara Falls / Foyer |
| 4:00 p.m. – 5:15 p.m. | **ACP Doctor’s Dilemma® Competition**  
Pre-registration required – [click here to register your team!](#)  
At the end of the session, the participant will be able to:  
• evaluate the medical knowledge of resident member teams; and  
• participate in a wellness activity. | Victoria Falls |
| 5:15 p.m. – 5:30 p.m. | **Wrap Up** | Victoria Falls |
| 6:30 p.m. – 7:00 p.m. | **Social Event**  
Experience the remarkable Niagara Parks Power Station in a whole new way with Currents, an epic sight and sound night show inside the heart of the plant. | 7005 Niagara Parkway |